

Intro Page

SOS:215

A 7 Day Journey through Song of Songs 2:15

“Catch for us the foxes, the little foxes that ruin the vineyards, our vineyards that are in bloom.” Song of Songs 2:15

Why This Devotional ?

Every believer carries a vineyard, which represents your life, your calling, your purity, and your intimacy with God. The purpose of every vineyard is for it to bloom and give fruits. The moment a vineyard blooms, it attracts opposition, and your life the moment it blooms attracts opposition. The enemy doesn't attack empty fields he targets fruitful ones.

This devotional was created to help you:

- Recognize the value that God is growing in you.
- Identify the little foxes that try to sneak into your vineyard unnoticed.
- Learn how to guard your vineyard through daily choices.
- Stay rooted in Jesus, the true Keeper of your vineyard.

How to Use this Devotional

- **Read one day at a time.** Take it slow and meditate on it.
- **Look up the Scriptures.** Don't just read the reference. Open up your Bible and meditate on them.
- **Write and reflect.** Use the journal space to pour out your honest thoughts before God.
- **Pray the prayer aloud.** Let the words become your own declaration.
- **Do the daily challenge.** Small steps to build a stronger vineyard.

This is more than a reading, it's a journey. For the next 7 days, God will open your eyes to recognize the vineyard He planted in you and teach you how to guard it with wisdom, faith, and courage.

Day 1: The Vineyard Is Blooming

Theme Focus: To recognize your value and the season you are currently in.

Key Scriptures

“You did not choose me, but I chose you and appointed you so that you might go and bear fruit, fruit that will last...” John 15:16

Supporting Scripture: Psalms 92:12, Isaiah 61:3, Philippians 1:6

Devotional

The enemy is very tactical whenever he attacks, he never wastes his time on barren fields. If there is no fruit then there is nothing for him to fight over. That's why at times when you feel the most under attack, it is not always a sign something is wrong, but it might actually be evidence that something is finally right in your life.

Blooming vineyards attract foxes, the fragrance of ripening grapes doesn't go unnoticed. The sweetness of the grapes draws in the attention of the one who never planted it eager to consume it. Song of Songs 2:15 warns us exactly about the little foxes that ruin the vineyards, but notice carefully it says the *blooming* vineyard. Foxes do not come into barren ones, but they come when the vineyard is carrying a promise.

In the spiritual, vineyards represent your life, your calling, and your intimacy with God, in the physical, they also represent your work, your business, your family, or any area where God has planted a seed. Sometimes you can not see the fruit yet but God has already seen it. Philippians 1:6 promises that He who began a good work in you will bring it into completion, and exactly in this moment the enemy notices and the foxes come. The fox of distraction, temptation, doubts, fear, or compromise. They all serve the same purpose and that is to nibble away before the harvest can fully come. Foxes don't roar or make loud noises as they come, they slip in when you aren't looking and begin destroying hoping you never notice.

The enemy knows that if he can convince you that your vineyard has no value you won't guard it. You will leave it exposed and vulnerable. That's why the first step to protecting your vineyard is recognizing the value of it. John 15:16 says God has chosen you, appointed you, and planted seeds within you that were created to produce fruit that will last, because what God has planted in you is eternal. He did not just call you to bloom, but he called you to remain. Isaiah 61:3 calls us an oak of righteousness, planted by God for his glory. Oaks do not grow overnight, but they grow deep and strong and endure. Your vineyard was created to remain because it was planted by God himself.

This is why the enemy has made you believe you have no value so you stop protecting and defending what you carry. God wants to shift your perspective today. Stop asking “Why are they attacking me?” and instead start asking, “What is growing in me?” Because the presence of foxes reveal you are not barren, but you are actually blooming.

Personal Application

- What are three areas in your life where you have seen growth over the past few months?
- Have you been downplaying your progress or been treating it like it is insignificant?
- If God is the Gardener, what part of your vineyard do you think He is currently smiling at?

Reflection

- What in my life is under attack? Could this be evidence a bloom is nearby?
- Do you believe your vineyard (calling, your life, creativity, etc.) is valuable to God?
- Which fox do you currently notice trying to sneak in?

Journal Space

Take a few minutes to write down your thoughts

- My vineyard looks like...
- I see God growing what area...
- I need to protect...

Daily Challenge

Write down three things God is growing in you right now. Keep that list somewhere you will see it everyday this week.

Prayer

Father, I thank you for planting seeds of purpose and passion in me. Open my eyes and understanding to recognize the value you have placed inside of me. Teach me and give me the strength to protect what you are growing within me and help me celebrate my growth no matter how small it may seem. In the name of Jesus. Amen

Key Quote of the Day

The enemy doesn't attack empty fields he targets blooming vineyards.

Day 2: Social Media Isn't Harmless

Theme Focus: Discernment over digital intake.

Key Scriptures

"The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light." Matthew 6:22

Supporting Scripture: Matthew 6:23, Proverbs 4:23, Job 31:1, Psalms 101:3

Devotional

Every scroll is a seed that plants something in you. Whether you realize it or not something is being planted in your mind and your heart. Social media does not just entertain you, but in the day and age we are living, social media is built with an algorithm to ensure you spend more time on it. The issue is not the platform itself, it is what or who we are watching. It disciplines you, shapes your values, your desires, and even how you view yourself. The real question is not whether it's forming you, the question is into what?

Matthew 6:22 says your eye is the lamp, focus on how it isn't plural, but singular, that for it to enter the body he does not need both eyes, just one. Your eyes are the gates to your heart. The purpose of the gate is to regulate what goes in and out, and gates are meant to be guarded. The first line of defense to protect your heart are the eyes which are the gates and proverbs 4:23 tells us to guard our hearts above all else because everything in life flows out of it. Whatever you let through your eyes will eventually be planted into your heart and will spill out in your daily walk and choices. If you constantly let in distraction, lust, comparison, or anger do not be surprised when those very things start growing in your vineyard.

Job understood something profound and we see it in Job 31:1 when it speaks about making a covenant with the eyes, because what enters your vision eventually influences your direction. Where your eyes go your feet will automatically follow. Psalms 101:3 says "I will set before my eyes no vile things" this is not about being legalistic it is about being intentional on what you give access to your eyes. What entertains you today will train you for your tomorrow.

Foxes don't look dangerous, you may see a photo of one and believe them to be harmless and even cute. They may not seem like a threat so you see them slip in and do not react. At times a TikTok trend, a viral video, even a show everyone is watching may seem harmless, but just like the fox that is nibbling quickly a lot of trends do the same to your life. They distract you from your purpose, rob your time, or even make you believe a way you shouldn't. What seems small starts training your appetite, your perspective, and your desire until your vineyard no longer produces the fruit it was meant to.

Your vineyard is too valuable to let just anything in. I am not saying throw your phone away, delete social media, or delete YouTube from your phone. I am saying that every time you open your phone something enters into your life, whether it be light or darkness. If you want to keep your body healthy, Matthew says keep the light entering healthy. Don't treat social media like it's harmless, enjoy it, but be cautious that it isn't truly harming you. It is either watering your vineyard with light or slowly entering as

foxes that are nibbling on it. The next step in protecting your vineyard is guarding your eyes and knowing that not everything deserves access to it.

Personal Application

- What have you been feeding your eyes mostly this week? Light or darkness?
- Which account or video trend have you noticed drained your peace and purity?
- Does your online intake make it easier or harder to hear God's voice?

Reflection

- Am I getting disciplined more by social media than by scripture?
- Where do I need to set boundaries for my eyes and mind?
- What digital fox keeps sneaking back into my vineyard?

Journal Space

Take a few minutes to write down your thoughts

- Thing I allow into my eyes are...
- I feel God wants me to remove...
- To protect my vineyard I need to...

Daily Challenge

Mute, unfollow, or block 3 accounts that distract you from God, feed comparison, or pull you into compromise.

Prayer

Holy Spirit, cleanse my eyes and attention. Help me to have hunger for truth more than for trends. I do not want social media to be my guide I want it to be you Holy Spirit. I accept you as my mentor and change my mind and heart to obey you. Teach me to love your path and your word more than anything that can turn me away from you. In the name of Jesus. Amen.

Key Quote of the Day

If it is not feeding your spirit, it's feeding your foxes.

Day 3: Influence Is Direction

Theme Focus: Understanding the power friendships have to form alignment.

Key Scriptures

“Do not be misled: ‘Bad company corrupts good character.’” 1 Corinthians 15:33

Supporting Scripture: Proverbs 13:20, Amos 3:3, Proverbs 27:17

Devotional

Influence doesn't just affect you, it redirects you. The people around you are not just friends to pass the time, but they are helping to shape your mind which will determine your future. 1 Corinthians 15:33 gives us a warning to not be misled, bad company corrupts good characters. The word “corrupt” in the original greek is written in present tense, something that is active. In other words, it is a process already in motion when you stay in the wrong environment. Influence is never neutral, it is either pushing you towards God or pulling your away from Him.

Proverbs 13:20 proves this by saying that if you walk with the wise you will become wise, but if you walk with the fools you will suffer harm. Who you walk with determines how and where you end up. Your friendships are like a compass that set the direction of your steps. You can not expect to walk with people who are running from God and believe you will end up closer to him.

Jonah ran away from God, acted foolish, and the people in the boat then suffered from his foolishness. This is why Amos 3:3 ask us this question, “Can two people walk together without agreeing on the direction?” This shows me the power of alignment. You will eventually become like the one you have aligned yourself with. This does not mean you can not love people who are far from God. Love them, pray for them, teach them the path, but understand that you need to be intentional about who has access into your inner circle. The ones who walk closest with you are either sharing your faith or dulling it. (Proverbs 27:17) Relationships are spiritual in nature and they carry weight. Spend enough time with someone and you will pick up their language, their mindsets, and their habits. Some voices sharpen you while others dull you.

Foxes don't always come as temptation or sin, sometimes they come disguised as unhealthy influences. A friend who laughs at compromise, a group that normalize gossip, a circle that takes you away from church. At first it may seem harmless, but soon their influences shift your alignment and next thing you realize, your direction no longer matches your calling. Sometimes these influences already let foxes destroy their own vineyard and they do not say anything to help you prevent those foxes from coming into your vineyard because they have become numb to it. This is not just about choosing friends, this is about choosing your futures. The vineyard of your life is too valuable to give access to anyone. Who you walk with will determine the health and growth of your vineyard.

Personal Application

- Who are the top 3 people in your life that influence you the most?
- Do they push you closer or further away?
- have you been ignoring warning signs about any relationship in your vineyard?

Reflection

- Am I walking with people who agree with my direction towards Christ?
- Who in my life sharpens me like iron sharpens iron?
- Which relationship might be a fox in disguise?

Journal Space

Take a few minutes to write down your thoughts

- The voice(s) I allow close are...
- These people push me toward...
- I sense God telling me to...

Daily Challenge

Text or call someone who strengthens your faith and thank them. Take one intentional step back from someone who consistently weakens your walk with God.

Prayer

Father, give me discernment about the voices and people I allow close to me. Surround me with wise friends who strengthen my vineyard and give me courage to distance myself from the things that pull me off track. Help me hear clearly your voice and not follow any voice that isn't yours. Holy Spirit clear out my ears and my mind. In the name of Jesus. Amen.

Key Quote of the Day

The direction of your life is often decided by the people you let walk beside you.

Day 4: Micro - Decisions, Mega Consequences

Theme Focus: Daily Habits and Small choices.

Key Scriptures

“A little yeast works through the whole batch of dough.” Galatians 5:9

Supporting Scripture: Luke 16:10, Hebrews 12:1, Song of Solomon 2:15

Devotional

Every good or bad habit was built or destroyed one small step at a time. No one woke up one day spiritually strong, it does not work that way. It started with one prayer, one verse, one moment of obedience that became a lifestyle. No one woke up in total spiritual failure over night as well, it began with one choice to not pray, one compromise in any area, one excuse that multiplied into a pattern. This principle applies for every area of your life from spiritual, to school, to work, and even business.

This is why the Bible puts so much weight on the “little things.” Luke 16:10 reminds us that whoever is faithful in the little will also be faithful in the much, because small steps create good habits. Faithfulness always starts with the small. Galatians 5:9 warns us that just a little yeast works through the whole batch of dough meaning that even the smallest compromise can eventually spread and affect everything.

Small steps matter and one step toward God today becomes a lifestyle of intimacy tomorrow. One step away from Him today becomes a foothold for the enemy tomorrow. The biggest challenge young people are suffering from is decision fatigue. From the moment you wake up, your mind is flooded with choices, what to wear, what to eat, what to post, what to say, who to text back. By the time it comes to the spiritual decisions, (to pray or scroll, go to church or stay home) your mind is already so exhausted it picks the easiest choice which is usually the one that is not aligned with what God wants. It is easier to sleep another hour than wake up to pray, read, or do work. At this very moment it is more than a crack opening in the wall, it is the fox sneaking in and you are so exhausted that you do not do anything to take the foxes out of your vineyard. The enemy does not need you to make a bad decision always, at times he just needs you to be too tired to make the right one.

That’s why Song of Songs 2:15 warns us about the little foxes because distraction, compromise, and delay don’t destroy your vineyard over night. It is not enough to recognize the foxes, you need to make the daily choice to examine your vineyard and eliminate any fox that has entered, and close off any crack that may be an access point for them no matter how small or how tired you may be. Foxes destroy your vineyard one bite at a time.

Personal Application

- What is one small choice you have been excusing that actually weakens your vineyard?
- Which daily habit could you strengthen that would help protect your vineyard?
- Are your micro decisions leading you towards God or away from Him?

Reflection

- If my life is shaped by small choices, where am I drifting?
- Am I consistent in my walk in private when no one is watching?
- What is one small choice I can make today that could shift my tomorrow?

Journal Space

Take a few minutes to write down your thoughts

- One small choice I need to stop making is...
- One small choice I want to start making is...
- If I stay consistent, in a year my vineyard will look like...

Daily Challenge

Pick one small habit today and make it healthier

- Ex: Spend less time on your phone, go to sleep earlier, pray before school, or swap a moment of TV for worship. One small step today strengthens your vineyard tomorrow.

Prayer

Holy Spirit, open my eyes to see the power of small choices. Help me be faithful in the little, help me see the foxes that hide in my habits. Give me strength and wisdom to choose you in the quiet moments when no one is watching. In the name of Jesus. Amen.

Key Quote of the Day

Small choices either guard the vineyard or give it away.

Day 5: Don't Let The Wrong Voices In

Theme Focus: The power words and noise have.

Key Scriptures

“Consequently, faith comes from hearing the message, and the message is heard through the word of Christ.” Romans 10:17

Supporting Scriptures: John 10:27, Proverbs 18:21, 2 Timothy 4:3

Devotional

Every voice plants a seed. Some grow faith, while others grow fear, but none of them leave your vineyard unchanged. Proverbs 18:21 says that the tongue carries the power of life or death which means the voices you let into your mind and heart are not neutral, they can water life into your vineyard or slowly poison it. Romans 10:17 tells us that faith comes from hearing, but the same thing applies to doubt they both come from hearing. The voices you consistently listen to can either give you the courage, the motivation, the faith to protect your vineyard, or can give you the doubt to not care about it anymore. They shape what you believe and what you believe determines how you live.

This is exactly how the enemy deceived Eve. He did not force her to eat the fruit or threaten her, he simply used his voice and planted doubt in her by saying “Did God really say that?” (Genesis 3:1). He caught her attention long enough that once he had her ear he slowly shifted her vision. Attention is the first step to be able to shift your vision. The serpent knew that if he could get her to listen to him, he could get her to act on his command.

The same strategy is at work today. You can be focused on God, but the moment you give ear to the wrong voices your vision follows: gossip to distract your purpose, TikTok that normalize sin, a friend that mocks your faith, or even a close one bringing you down with negative comments. Your attention begins to shift and next thing you know, you are no longer looking at God. Imagine the foxes enter and instead of having voices that motivate you to catch them, they distract you. The voices that point out the foxes may not be the ones we want to hear, but at times they are necessary.

2 Timothy 4:3 speaks of a time when people will surround themselves with teachers who say what their ear are itching to hear. This is why its so important to have the voice of Jesus speaking because He says “My sheep listen my voice and I know them and they follow me” (John 10:27). Not every voice qualifies to be your teacher. This is why it is your job to filter which voices speak to you and be willing to shut off any voice that may be putting lies within you.

Here is the reality- your ears are also gates to your vineyard and if you open them to the wrong voices long enough, those voices will shift your heart and begin to take root in shaping your future. Guard your gates because the voice you give attention to is the voice you will follow.

Personal Application

- What voices have the loudest influence in your life right now?
- Do the songs, shows, or the conversations you take in make it easier or harder to hear God?
- Are you filling your ears with noise more than with the word of God?

Reflection

- Which voice am I listening to the most? God's or the worlds?
- What is one wrong voice I need to silence?
- How can I make more space to hear God's voice this week?

Journal Space

Take a few minutes to write down your thoughts

- The loudest voice in my life is...
- It is leading me towards this direction...
- I feel God asking me to...

Daily Challenge

Replace 15 minutes of your normal noise today (music, Netflix, gossip, etc.) with worship, prayer, or Bible reading. Use that time to listen for God's voice.

Prayer

Jesus, cleanse my ear and heart. Help me tune out the voices that distract or deceive me, and tune in to your voice. Teach me to love the truth and reject lies. I want your voice to be my only guiding voice. Holy Spirit, my ears are yours and I am ready to listen to your voice. In the name of Jesus. Amen.

Key Quote of the Day

The voices you entertain will decide the harvest you see.

Day 6: Don't Feed What You Should Kill

Theme Focus: Hidden sin and compromise.

Key Scriptures

"Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry." Colossians 3:5

Supporting Scriptures: James 1:14-15, Romans 8:13, Ephesians 5:11

Devotional

Whatever you nurture and feed will grow in strength. That's how sin works. When you give in once, it doesn't take one bite and leave. It keeps coming back just how the foxes do. It makes itself at home and eats freely. This is why hidden sin is so dangerous. James 1:14-15 tells me how temptation gives birth to sin and when it grows it gives birth to death. Foxes do not destroy your vineyard in one night, but it keeps returning until it settles and destroys everything. Temptation is the same way, it keeps coming until sin is birthed and death is what follows. What seemed like a small weakness becomes a stronghold, and next thing you notice you are not dealing with a passing fox, you are dealing with the one who has made a den in your vineyard.

Foxes are opportunistic animals and they will eat anything that is available. In the wild they eat fruits and small animals, but they hate certain things like citrus and bitter taste. Strong scents drive them away and in the spiritual the same is true. The foxes of distraction, temptation, and sin that try to creep into your vineyard are drawn in by the sweetness of the fruit, but there are certain things they can't stand when they smell them.

Foxes hate prayer because prayer cuts off their influence and brings God's presence closer. They hate the word because the truth exposes the lies. They hate worship because it shifts your focus off of temptation back onto God. They hate fasting because it starves what feeds them, and they hate accountability because it drags them out of hiding into the light. The problem is many people unintentionally feed the foxes instead of starving them. Sometimes we feed them ourselves and other times the people around us feed them.

Romans 8:13 gives us hope that the Spirit doesn't just give you the strength to resist once, but he gives you the power to permanently close the access point of the foxes. You starve the fox not by rejecting to feed it once, but by sealing off the places it uses to enter your vineyard. Ephesians 4:27 tells us not to give the devil a foothold. A foothold is all the devil needs to build a stronghold. Do not let the foxes find a home in your vineyard, identify where it keeps coming back, shut off the access and reclaim the ground for God. Stop feeding the foxes and start feeding your spirit with prayer, scripture, and worship and you won't only have the strength, but it will be harder for the foxes to find an environment they can thrive in. Starve the foxes or they will make a home in your vineyard.

Personal Application

- What is one fox (sin, habit, or compromise) I have been feeding instead of killing?
- What keeps the fox alive? Is it a place, a person, a habit, or a secret?
- Am I willing to expose it and place it at the feet of God so it can lose power?

Reflection

- What is one thing I keep excusing that God has told me to cut off?
- How has feeding this fox affected my vineyard (peace, calling, etc.)?
- How would starving it look like?

Journal Space

Take a few minutes to write down your thoughts

- The foxes I have been feeding are...
- It survives because I keep doing...
- To kill it I need to do...

Daily Challenge

Identify the one fox that you have been feeding that has affected your vineyard the most, and what is one step you can take today to starve it?

- Ex: Delete an app, remove yourself from a group of friends, or cut off access to temptation.

Prayer

Father, I don't want to lose what you have started growing inside of me. Give me courage to confront what I have been hiding and strength to starve what doesn't belong in my vineyard. Holy Spirit I submit my ears and my life to you. Help me put to death every fox in my vineyard so I can walk in freedom. In the name of Jesus. Amen.

Key Quote of the Day

What you feed will grow, what you starve will die.

Day 7: The Keeper of the Vineyard

Theme Focus: Jesus is your strength and protector.

Key Scriptures

“The Lord is my Shepherd, I lack nothing.” Psalms 23:1

Supporting Scriptures: John 15:5, Psalms 121:3-4, Jude 1:24

Devotional

You're not guarding your vineyard alone, the gardener himself is watching over it. Yes we are called to be responsible, to guard your heart, and to resist the foxes, but the moment you accept Christ, He becomes the owner of your vineyard. Your strength alone is not enough to fight all the foxes. John 15:4 reminds us that apart from God we can do nothing, and that's why Paul said I can do all things in Christ. This means that as long as Christ is with me, I can do it all.

As humans we get tired, we get distracted, but Psalms 121:3-4 tells me that God never slumbers or sleeps. His eyes are always on you. While you rest He watches over you, while you struggle He keeps you. You may be fighting the foxes you can see, but He is defending you from the ones you can't. That's why the best news of all is that you are not guarding your vineyard alone. Jesus is the ultimate keeper of your vineyard. He is the vine who gives you life, the shepherd who leads you to safety, and the gardener who prunes and protects you. Jude 1:24 declares that He is able to keep you from stumbling.

When you feel weak, He is strong and when you feel alone, He is present. When you feel like you are failing, He reminds you that the vineyard doesn't belong to you and it belongs to him. Your job is to remain in Him and He will protect, prune, and preserve what He has planted in you.

Remember Noah? God never told him to control the flood. He only told him to build the ark and trust Him. In the same way your job is not to control everything, because if you try too you will lose your mind. Your job is to stay faithful and do what is possible in your hands and the rest, leave it in the hands of God which is the keeper of the vineyard. The softest vineyard isn't the one with the strongest fence, but the one placed in the hands of the right Gardner which is Christ himself.

Personal Application

- Where have I been trying to guard my vineyard in my own strength?
- What would it look like to trust Jesus to keep my vineyard?
- How can I remain connected daily to Him

Reflection

- Do I truly believe Jesus can take care of my vineyard better than I could?
- How have I seen Him protect me in my past?
- What areas do I need to surrender fully to Him?

Journal Space

Take a few minutes to write down your thoughts

- I have been trying to guard _____ on my own.
- Today I choose to surrender _____ to Jesus.
- I trust Him to do _____ in my life.

Daily Challenge

Spend 10 mins today in prayer or worship not asking for anything, but simply thanking Jesus for being the gardener that has guarded, grown, and guided your life.

Prayer

Jesus I thank you for being the Keeper of my vineyard. I surrender my vineyard to you. Give me the wisdom and the strength to stay alert on any fox that has entered or is trying to enter. Teach me to remain in you daily and help me trust that you are guarding me even when I cannot see it. In the name of Jesus. Amen.

Key Quote of the Day

The safest vineyard is the one in the hands of Christ.

Commission Page

You are called to Dwell in His presence

Congratulations! You've completed the 7 day Guarding your vineyard journey! But this is not the end, its the beginning.

Look Back

- You have recognized your value.
- You have learned to guard your eyes, ears, and influences.
- You have confronted the foxes of compromise and distraction.
- Most importantly, you know that Jesus himself is the Keeper of your vineyard.

Look Forward

Guarding your vineyard is not a one time project, it is a lifestyle. Everyday you will be at a crossroad of choices of what to feed, what to starve, what to guard, and who to trust. Remember this, you are not alone in guarding it, Jesus, the gardener himself, is with you.

Call to Action

Don't keep this for yourself. Part of guarding your vineyard is helping others guard theirs.

Share this Devotional with at least one person who needs encouragement, freedom, or direction. Pray with them as they go through it, and walk with them on his journey.

Final Prayer of Commission

Jesus thank you for what you have planted in me. Help me to always guard my vineyard and help me live in your strength not mine. Help me become a voice of encouragement with others who are struggling in guarding theirs. I dedicate my vineyard to you and for your glory. In the name of Jesus. Amen.